

Sports

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Towns County Lady Indians: Rebuild or Reload?

By Todd Forrest
North Georgia News
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Towns County High School hosted the North Georgia Mountain Basketball Girls Camp last week at the Bill P. Kendall Gymnasium, Towns County Middle School gym, and McConnell Baptist Church's gym.

Both Varsity and Junior Varsity teams participated in the camps. Teams attending were host Towns County, Hayesville, NC, Lumpkin County, Nantahala, NC, West Hall, White County, Hiwassee Dam, NC, and Swain NC.

Towns County's varsity defeated West Hall, Hiwassee Dam, Lumpkin County, and Nantahala. They fell to Hayesville and White County.

Each game consisted of four 10-minute quarters with a running clock. The clock stopped on all dead ball situations in the final minute of the second quarter and the final two minutes of the fourth quarter.

Lady Indians' Head Coach Jim Melton is hoping his mix of experience and youth can gel over the summer and allow him to determine what his players are capable of



A Lady Indian battles with a defender at last week's camp. Photo/Lowell Nicholson.

on the hardwood in the fall.

"We are looking for some chemistry this summer with the returning players and the new players," said Coach Melton. "In camp we have a very scaled back offense and

play-set. We really just want 'basketball' played in the summer. Of course we will still try to play an up-tempo and pressing style."

The camps also provides Coach Melton with an oppor-

tunity to deliberate on how to replace an outgoing senior class that have been so vital to his program.

"We have to replace three key losses but our strengths could be a number of players with the same abilities," Coach Melton said. "We'll be a pretty balanced team. Our weakness will be height and rebounding."

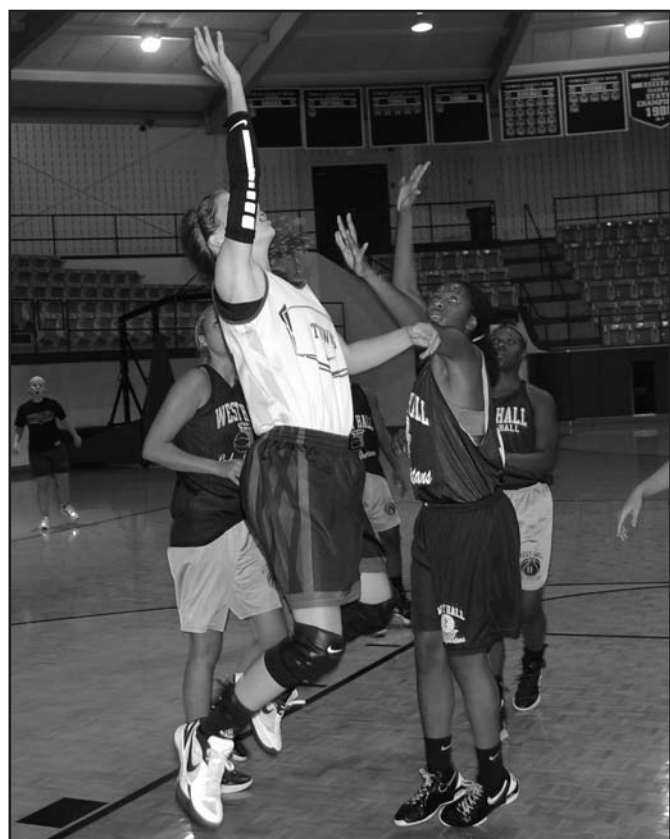
Towns County should have plenty of talent ready to step up from the junior varsity and Coach Melton has been impressed thus far.

"I've definitely had some pleasant surprises with kids that played J.V. last year when they were put into the varsity lineup," Melton said. "We're just looking for them to get more consistent."

Towns' Girls still have a busy summer schedule ahead.

They will be attending a University of Georgia camp from June 15-17 and will join Fannin County at the Union County camp from June 18-20.

Coach Melton will be flying solo this summer, coaching both the varsity and junior varsity squads following the retirement of Coach Duncan Weekley. Although Coach Melton expects his girls to



A Lady Indian drives for a basket against West Hall during last week's basketball camp. Photo/Lowell Nicholson

continue perfecting their skills while they aren't under his tutelage.

"We have had girls in the gym since the last game of this past season," said Coach

Melton. "Most all of the girls work on their game year-round in some shape or form, whether it is shooting baskets and ball handling or lifting and agility drills."



A Towns Co. player attempts a shot during the Lady Indians' Camp last week. Photo/Lowell Nicholson

Youth Football Sign-ups approaching

By Todd Forrest
North Georgia News
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Jimmy Smith, the Director of Towns County's Youth Football League for 16 years is looking for a successful season in 2012.

Smith announced earlier this week that football sign-ups for ages 5-12 years old will begin on Saturday, June 30 from 6 p.m. to 7:30 p.m. at the Towns County High School Field House. Sign ups will take place every Saturday, at the same time, until July 28.

The registration fee is \$90 and you will need to bring a copy of the player's birth certificate.

Players who played last year will not need to bring a birth certificate. No sign ups can be accepted until the registration fee is paid. The fee will cover their insurance and equipment. The players will be allowed to keep their jersey at the end of the year. Players must be present at sign up so they can be sized for their uniform.

Practice begins on Monday, July 30. Practices will take place from 6 p.m. to 7:45 p.m. on Monday, Tuesday, and Thursday.

As for the younger squad, 5 and 6 year olds will play together but each age from 7-12 will have its own team.

There will be a free Towns County youth football camp

on July 19 and July 20 at the Towns County High School Football field from 6 p.m. to 8 p.m. The camp will once again be conducted by Towns County High School Head Coach Kyle Langford along with his staff and players. The Youth Football League coaches also will be in attendance.

Smith says he is looking forward to a great season and is excited about this fall.

"I think we have a good shot this year," Smith said. "We had a wonderful season last year and had a lot of teams make the playoffs. Smith is looking for even more success in 2012."

For more details Jimmy Smith can be reached at (706) 896-2622 or (706) 835-6176.

Towns County Rec News

Hours of Operation:
Mon - Fri 9 a.m. - 8 p.m.
Saturday 9 a.m. - 4 p.m.

Dance and meeting rooms are used for special programs and classes. The general public can also reserve it for small gatherings such as birthday parties, showers, etc. with a two hour limit.

Gymnasium: Check at front desk for gym hours of availability. Gym is open to general public unless organized programs are in session.

Exercise and Weight room: Must be a resident of Towns County. Must be 16 years of age or 13 if accompanied by a parent. Must go through orientation. Check with office on dates and times. There is no charge to use the exercise and weight room. All Participants must attend an orientation session prior to using the exercise areas. Times and dates for training sessions are available at the lobby office. Children under the age of 18 must be accompanied by a parent on the initial visit. A parent will complete the application, release,

and attend a training session with the child. No children under the age of 13 will be allowed in the exercise areas. Children 13 and 14 years of age must have a parent present in the recreation center while using the exercise facilities.

Come Exercise With Us
The recreation department wants to remind everyone that we are offering the following exercise classes each week at the Towns County Recreation Center:

Yoga Classes: We have 2 separate class times instructed by Pat Tomczyk. Evening Class: each Monday from 4:00pm-5:15pm. Morning Class: each Thursday from 9:30 a.m.-10:45 a.m.

Morning Aerobics Classes: Each Monday, Wednesday, and Friday mornings from 9:30 a.m.-10:45a.m. instructed by Donna McAuliffe.

Evening Aerobics Classes: Each Tuesday and Thursday evening from 5:30 p.m.-6:30p.m. instructed by Jeannie Ledford.

Fresh Air Qigong: Each Tuesday morning from 9 a.m.-10 a.m. instructed by Michelle Holmes LMT

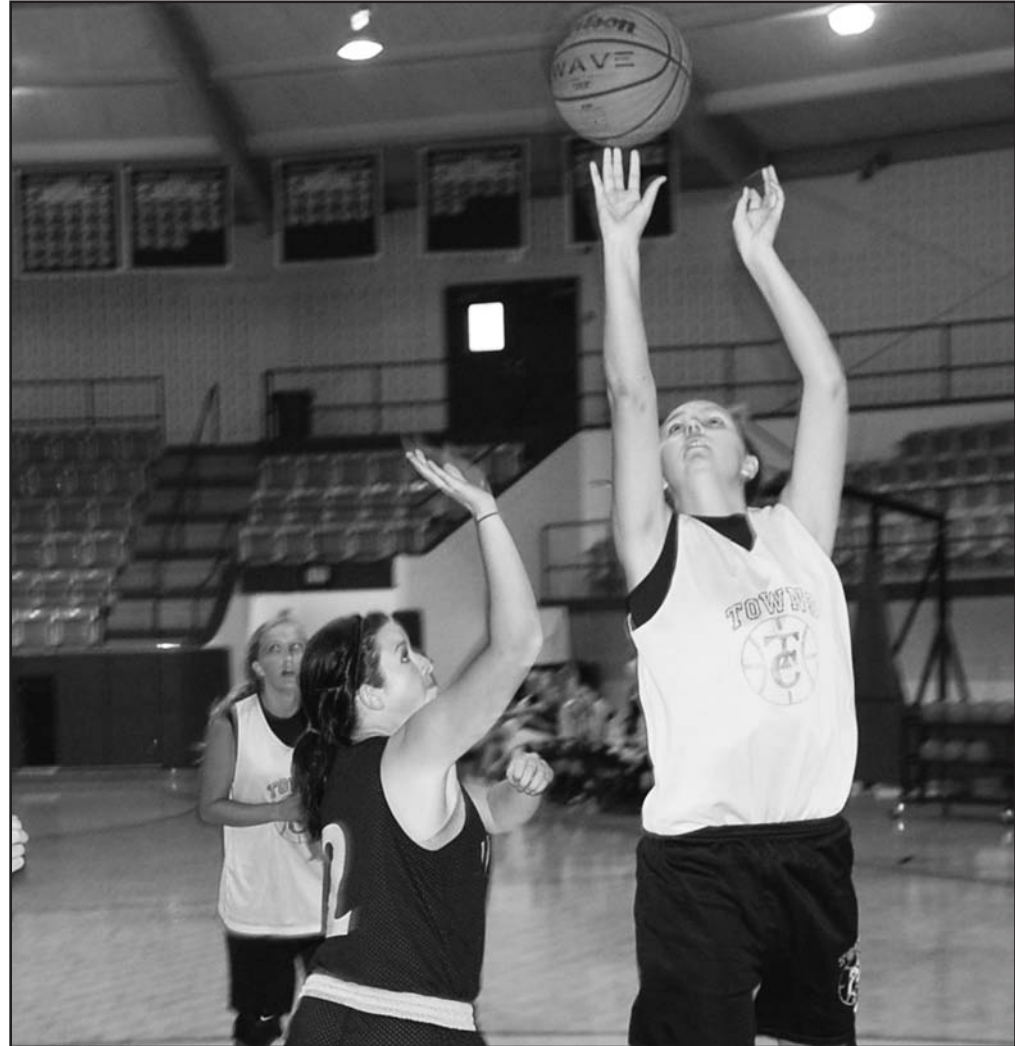
Sun Style Tai Chi: Each Thursday from 11 a.m.-12 p.m. instructed by Pat Tomczyk

Any additional information on these programs or other questions about the facility see the person on duty or call (706)896-2600.

The Towns County Recreation Department Full Time Staff:

Wes Hooper, Director
Alan Rogers, Assistant
Michael Kimsey, Assistant
Tammy Holcomb, Recreation Center Attendant

The Towns County Recreation Department is always interested in beginning new programs and classes. If you have a special talent and are willing to instruct and teach others your skills, we would be delighted to talk with you about offering such a program to interested people through the recreation department please call us at (706) 896-2600.



Towns County against West Hall at last week's camp. The Lady Indians defeated West Hall by double-digits Photo/Lowell Nicholson



A Lady Indian tries to get her shot off over a West Hall defender. Photo/Lowell Nicholson



A Towns County Lady Indians prepares to take a shot from the charity stripe. Photo/Lowell Nicholson