

## Birth Announcement



**Tristan Ree Waldroup**  
Mr. and Mrs. Jason Scott Waldroup would like to announce the birth of their son, Tristan Ree Waldroup. Born on September 8, 2010 at Union General Hospital, delivered by W. David Breedlove, MD. The birth weight of the baby was 6 pounds, 12 ounces and he was 20 1/2 inches long. Mrs. Waldroup is the former Sonya Cheyenne Nations. NT(Sep15,Z3)SH

## Birth Announcement



**Esteban Emmanuel Salazar Mejia**  
Adaim Dodanim Mejia Hernandez and Esteban Isaac Salazar would like to announce the birth of their son, Esteban Emmanuel Salazar Mejia. Born on September 9, 2010 at Union General Hospital, delivered by W. David Breedlove, MD. The birth weight of the baby was 6 pounds, 12 ounces and he was 19 inches long. T(Sep15,G3)SH

## DAR September 2010 meeting



Speaker at the September, 2010, meeting of the Old Unicoi Trail Chapter National Society Daughters of the American Revolution, (right) Edwina Bell, Past Regent Georgia State NDAR is pictured with Old Unicoi Trail DAR members (front) Eloise Wolfersteig, Vice Regent, OUTDAR, and (left) Margaret Wischmeyer, Regent (OUTDAR). Mrs. Bell presented a program entitled "The Beginning: Liberty and Justice—US Constitution."

Edwina Bell, Georgia State Society DAR Past Regent, NSDAR, presented a program entitled "The Beginning: Liberty and Justice—US Constitution" at the September 11th meeting of the Old Uni-

## Hey Sis



Still sexy at 60! NT(Sep15,G2)

## Happy birthday, Kuy!



From all your friends! T(Sep15,H2)SH



## Thyme To Cook

The Oaks Restaurant at The Ridges Resort  
Executive Banquet Chef, Karl Engelmann

### Apples: The quintessential autumn fruit

Do you feel that nostalgic crispy chill in the evening air? Yep, me too and it makes me think of sage and cornbread stuffed roasted chicken, crunchy pumpkin seeds and, of course, fresh, tart and juicy APPLES! In fact, as soon as I see the calendar page turn over to the month of September, I instantly think of those beautiful bulbous fruits topped with brown sugar, roasted in my oven, and flanked with some luscious whipped vanilla cream and toasted almonds... YUM!

Let's explore the apple and find out a little more about this perfect fall fruit!

Apples are a relative of the rose family and often referred to as "pomes". In fact, the science of apple cultivation is called "pomology". It is one of the, if not the most, widely cultivated fruits in the world with its origins hailing from western Asia and the Middle East. There are thousands of varieties grown worldwide and about 2500 grown just in the U.S.

From a culinary prospective, apples can be divided into four groups:

1) Cider apples: Varieties of apples containing the right amount of tannins and acidity suitable for cider production. They may be a little hard to come by at the grocery store so you may be better off just buying some cider vinegar instead.

2) Eating apples: These are apples best for eating and incorporating into recipes in a raw state. There are a wide variety of cultivated types including Empire, Cortland, Gala, McIntosh, Red Deli-

cious, Honey Crisp, Jonagold and Lodi, just to name a few.

3) Cooking apples: These are apples that are ideal for using in recipes that involve heat such as apple sauce, apple butter, chutneys, relishes etc. Some of my favorite varieties are Gravenstein, Newtown Pippin, Rome Beauty, and York Imperial.

4) Dual purpose apples: These are apples that can hold their own as excellent eating apples but also moonlight as great cooking options as well. Some popular choices include the Granny Smith, Yellow Delicious, Fuji, Jonathan, and Winesap varieties.

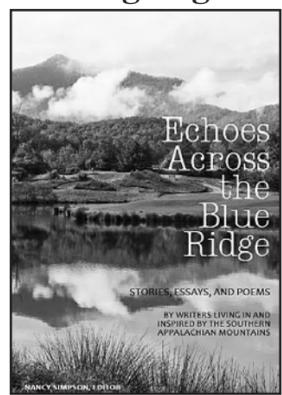
When choosing the correct apple variety for your recipe it is also essential to keep other criteria in mind as well. Make sure you look for firm fruits that are free of blemishes, brown spots, bruises, or gash-

es. I like to tap on the apples so I can listen for a hollow sound, a good sign of proper internal structure. A little freckling is okay as long as the apples feel and sound good.

**Apple Slaw**  
2/3 cup apple cider vinegar  
2/3 cup honey  
3 tablespoons chili oil  
3 tablespoons soy sauce  
2 tablespoons fresh grated ginger  
1 cup olive oil  
2 granny smith apples, cored and thinly sliced  
One carrot julienned  
2 green onions, thinly sliced  
1 spring of cilantro, minced  
One half of a head of green cabbage, shredded  
1/2 cup toasted almonds

In a small bowl, whisk the first five ingredients. Then, slowly add the olive oil while whisking. In another larger bowl, mix the apples, carrot, green onions, cilantro and cabbage. Next, add the dressing from the smaller bowl. Chill for at least an hour. Serve with the almonds garnishing the top. Great with teriyaki chicken and fried rice! NT(Sep15,A9)SH

## Book signing at The Book Nook



Rash wrote tributes for the book. Bettie Sellers, former Poet Laureate of Georgia, Carole Thompson, published author and poet, from Blairsville and Jo Carolyn Beebe, writer and genealogist from Towns County will be among those signing copies on Saturday. Nancy Simpson, who is well-known for her years of teaching poetry and mentoring writers, and Brenda Kay Ledford award-winning poet from Hayesville, NC will be there.

Many people are purchasing the book to leave in their vacation cabin or condo for guests to enjoy. Others like the price of only \$16 and they buy several for Christmas gifts. A photo by Philip Sampson of Blairsville was chosen for the cover from a large number of submissions by artists and photographers throughout the southern Appalachians. Inside pictures are by Tipper Pressley of Brasstown and Seth Russell, formerly of Murphy.

Echoes across the Blue Ridge, Stories, Essays and Poems by Writers Living in and Inspired by the Southern Appalachians, is now available at local book stores in the area. The Book Nook in Blairsville, GA will hold a book signing on Saturday, September 18, 11 AM - 1 PM. The store is located one block south of the Blairsville Square on Hwy. 19/129. Jeff Hansen, owner of the Book Nook recommends calling the store at 706-745-7076 to reserve copies of this popular book.

## Struts Shoe Store conducts fund raiser for Food Pantry



LaRanda Mauldin and Jenny Poole and receive a 10% discount off of a new pair of shoes! N(Sep15,G2)

Struts Shoe Store in Hiawassee conducted a Product Drive and Fund Raiser for the Towns County Food Pantry over Labor Day weekend. On Tuesday, Sept. 7 Jenny Poole brought the big box of dry products she collected and Food Pantry needs. Struts Shoe Store offered a discount on your purchase if the needed items were brought in.

In addition, Jenny turned over a check for \$72.38 to LaRanda Mauldin of Food Pantry. Struts Shoe Store offered a \$1 raffle entry for a free pair of shoes to raise these funds. Barbara Moss of Blairsville was the recipient of the prize. "I wish it could be more," said Jenny, Owner of Struts Shoe Store. "But every 18 cents buys more food at the wholesale price," replied LaRanda. The Food Pantry fed 317 families the week of 8/17. Look for more upcoming specials and fund raisers at Struts Shoe Store.

Struts is also a donation location for Soles4Souls. Bring by a pair of gently worn shoes to donate to this good cause,

and receive a 10% discount off of a new pair of shoes! N(Sep15,G2)

The Humane Society Mountain Shelter has been serving Towns and Union Counties since 1987. We began with a facility at the Towns County "dump" and in 1999 moved into our building located at 129 Bowling Gap Road. Over the years we have made great strides in continuing to build the organization to help our communities. We'd like to take this opportunity to THANK ALL OF YOU for the continued success of our shelter and thrift stores.

Please keep your eyes out for our insert in October's Blue Ridge EMC billing and help us with spay and neuter for our communities. Our goal is to one day reduce or even eliminate the "throwaway" society of animals.

Puttin' On the Dog is scheduled for October 3rd at Crane Creek Vineyards, come out and join us. You can find all events listed on our website under the calendar section. We'd love to see you there! www.humanesocietymountainshelter.org. N(Sep15,Y)SH

Mountain Shelter News  
Humane Society Serving Towns and Union Counties

## Operation PUP



**Mums the word**  
Come out and buy a mum for \$5 bucks and up and help local dogs and cats! Fall mums, all colors, small and large, grown locally by English Country Gardens, will be sold on the Hiawassee Town Square on Friday and Saturday, September 17-18, 9 a.m. until 2 p.m. both days. Proceeds will help Towns County



citizens spay and neuter cats and dogs - the kindest way to end overpopulation. The Young Harris College students of Jane Goodall's Roots & Shoots group will be volunteering along side PUP in this worthwhile endeavor. Come out and meet them and learn about their mission. The Towns County Chamber of Commerce will also be on hand on Friday from 10:15 a.m. - 2 p.m. selling "Brats on a Bun" to benefit the Towns County Food Pantry. So mark your calendars for September 17 and 18 and come on out for some beautiful flowers, good food, conversations, and worthy causes. T(Sep15,H1)SH

## Flag Certificates awarded to local Forest Service



L to r: John Preston, Andy Baker, John Campbell and Art Learned

The USDA Forest Service Blue Ridge Ranger District and the Brasstown Bald Visitors Center recently received Flag Certificates from the Blue Ridge Mountains Chapter, Sons of the American Revolution commending both entities on properly displaying and flying the American Flag. Making the presentations were Art Learned, Americanism Chairman of the BRM Chapter and John Preston, President of the BRM Chapter. Receiving the Certificates were Andy Baker, District Ranger and John Campbell, Chief Ranger at Brasstown Bald.

The Sons of the American Revolution has a program to locate, identify and present Flag Certificates to schools, organizations and businesses that display the American Flag properly. The certificate contains a Betsy Ross flag that became the standard during the American Revolution and the current 50-State Stars-and-Stripes flag. The award winning Blue Ridge Mountains Chapter, Sons of the American Revolution meets on the third Tuesday of January, March, May, September and November, at The Brother's Restaurant in Young Harris at 6 p.m. Men and boys who are interested in documenting their relationship to their American Revolutionary ancestors and in joining as active group with similar interests, are encouraged to contact the Chapter Secretary, William O. (Bud) Brazil at (706)781-3500.

The Blue Ridge Mountains Chapter serves the communities at Union, Towns, Rabun, Fannin and Gilmer Counties. Activities include a variety of programs to promote the patriotic, educational and historical interests resulting from the American Revolution. NT(Sep15,W2)SH

## Howard...from page 1

"I will still do some fiddlin' so people will still see me around for many more years," he said.

Cunningham is nationally known for his fiddling talents and is a fixture at the Georgia Mountain Fairgrounds during the Fall Festival, which features the Georgia State Fiddlers' Convention.

Mayor Barbara Mathis during the September council meeting thanked Cunningham for his years of service and his service as Mayor Pro Tem.

## Smith...from page 1

ous church activities; she has been active in AARP, Mountain Community Seniors and Eastern Star. She believes that her experience in government as budget and financial officer, constituents' services and her love and desire to help people have prepared her to be an effective city council member. She looks forward to meeting and talking with the voters during the upcoming campaign. "I would appreciate the support of residents and their votes in the Nov. 2 general election," she said. "Please feel free to call her anytime at (706) 896-2586."

## Congressman Broun endorses Allison



Congressman Paul Broun

Photo by James Reese  
Tenth District Congressman Dr. Paul Broun visited Towns County last Tuesday. He broke away from his busy schedule to be on hand to enthusiastically endorse Stephen Allison for the Georgia House District 8 seat. Broun attended a barbecue held at the Towns County Recreation Pavilion to promote the candidacy of Allison. He was frequently applauded as he outlined the reasons he believes it is imperative that Allison be elected. "First and foremost," Broun said, "Allison has accomplished more as a freshman in the House of Representatives than any other newly elected Representative". He was appointed Deputy Whip, a position that always goes to a more experienced legislator. In addition, Allison was appointed Secretary of the Judiciary committee and serves on four other committees. "His legislative accomplishments would be impressive even for an experienced Representative" said Broun. During the recently concluded term of the General Assembly, Allison sponsored or co-sponsored 24 pieces of legislation. Allison has also received a ringing endorsement from the Speaker of the Georgia House of Representatives, David Ralston.

Allison was the first Republican ever elected to the House District 8 seat. In the 2008 general elections he wrestled the seat from long time officeholder Charles Jenkins. District 8 includes Towns, Union, Rabun and part of White counties. T(Sep15,K1)SH

## Blairsville Blood Drive

Blairsville Community Blood Drive. WHERE: Haralson Civic Center. WHEN: Tuesday, September 28. TIME: 12 p.m.-5 p.m. Please donate blood! All blood types needed! Call Betty Easter at 706-745-2335 to make your appointment today!

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